



# Team Shan...

## breast cancer awareness for young women

### ANNUAL REPORT 2025

#### Highlights

- *National Physical Health & Education Conference* exhibit
- *Canadian Association of Psychosocial Oncology Conference* presentation
- *International Health Promoting Campuses Conference* presentation
- *Conference on Young Women's Breast Cancer and Health (YWBCH)* presentations
- *AIIMS and Swami Rama Himalayan University* presentations
- *Fore for Shan Golf and Team Shan Pickleball* annual tournaments
- *QUAD Niagara ATV Breast Cancer Ride* Fundraiser
- (5) campus visits & presentations
- (5) Youth Council for Breast Health (YCBH) campus chapters
- (3) community presentations
- health promotion & AYA cancer research support



#### President's Report

Wow, 2025 put Team Shan on the international stage featuring my OncoGlam magazine publication in Portugal, participation at the International Health Promoting Campuses Conference (IHPCC) in Limerick, Ireland and a speaking tour in India. The IHPCC built on the 2015 Health Promoting University & Colleges Charter by developing the Limerick Framework formally released in December 2025.

I had the opportunity to share Team Shan initiatives and stories at the second annual Young Women's Breast Cancer and Health Conference in New Delhi, present at the International BCYW Nursing Symposium in Rishikesh and at the Swami Rama Himalayan University (SRHU) School of Nursing in Dunerdun. It was an honour to represent Team Shan at these very special BCYWF events in India.

Our annual sporting events were well attended and supported our mini awareness campaigns in SW and NE Ontario, Peterborough, Thunder Bay and Winnipeg. Proceeds from the QUAD Niagara ATV Club Breast Cancer Ride gave Team Shan the opportunity to support a major marketing campaign in Niagara Region. Activities included Team Shan public marketing and resource distribution across the Niagara Region, campus visits and presentations at Welland College and Brock University campuses. I also presented to high school students at the Fort Erie library.

Another 2025 highlight was the establishment of Youth Council for Breast Health campus chapters in Canada through a special partnership with the international Breast Cancer in Young Women Foundation (BCYWF). Chapters are now registered from Queen's and Western universities in Ontario, Memorial University from Newfoundland & Labrador, University of Calgary in Alberta, and Concordia University in Quebec. I look forward to further chapters in the New Year.

Lorna

Lorna Larsen  
Team Shan President





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## 2025 Events

### Fore for Shan Golf



### Fore for Shan Golf Tournament

Sunny skies brought out a full slate of 82 golfers for the 16th Fore for Shan golf tournament hosted at the Haileybury Golf Club in Temiskaming Shores, ON May 28th and virtually in Muskoka, ON and Winnipeg, MB. The Haileybury tournament capped off with a lively evening social with live music provided again by Mark Conlin & Jesse Foley. Thanks to generous support for the tournament event, hole sponsors and onsite auction, the tournament raised over \$11,000 to support Team Shan awareness and education activities.



### Pickleball Tournament



### Team Shan Pickleball Tournament

The second Team Shan Pickleball Tournament was hosted in Huntsville, ON Sept 27-28th. Coordinated by the Taylored Pickleball Academy and supported by the town of Huntsville, and the Muskoka Pickleball Club about 150 pickleballers and fans were on hand for clinics and a great weekend tournament. Thanks to generous court sponsors and onsite auction donations, the tournament raised over \$7,000 for Team Shan activities.



### QUAD Niagara ATV Club



### QUAD Niagara ATV Club

The QUAD Niagara ATV Club hosted a special breast cancer awareness fundraiser for Team Shan on Oct 4th. Riders and community supporters participated in the event raising over \$10,000 for Team Shan 2026 activities in Niagara Region.





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## 2025 Campaigns

### London, ON



Supported by the annual Team Shan sport fundraisers and bottle drives, community third party events, and generous donations, Team Shan was proud to support seven mini awareness campaign locations across southwestern, central and northern Ontario again in 2025. Billboards, bus and transit shelter displays and resource distribution made an impact on young women across the province. Awareness and early detection messages were also posted online and shared on social media sites.

### Welland, ON



Team Shan participated in community events in Muskoka, Niagara and Temiskaming, ON and Lorna had the opportunity to present to high school students at the Fort Erie Library and Health Sciences students at Western University in London, ON. Lorna was honoured to present at both international and national education and health professional conferences.

### Peterborough, ON



### Temiskaming, ON





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#### Board Members

Sheena Alexander  
Nikki Cambridge  
Jane Douglas  
Lorna Larsen,  
President  
Robyn MacDougall,  
Secretary  
Jaclyn Vice



#### Memberships

AYA Cancer community in  
Canada and AYA Cancer  
global connections!  
Canadian Association of  
Psychosocial Oncology  
(CAPO)

#### Partnership

Breast Cancer in Young  
Women Foundation  
(BCYWF)



incorporated 2009  
charity #834024853RR0001



#### Financials

##### Revenue \$26,790

Fundraising: \$12,781 (47.7%)  
Donations: \$11,060 (41.3%)  
Charity Gifts: \$1,699 (6.3%)  
Third Party: \$1,250 (4.7%)

##### Expenses \$40,403

Awareness & Education: \$27,271 (67.5%)  
Presentations: \$9,354 (23.2%)  
Administration: \$2,578 (6.4%)  
Fundraising: \$1,200 (3.0%)

Information for the financial report is extracted from the Team Shan Breast Cancer Awareness for Young Women's financial statements for 2025. Copies of the report are available by contacting Team Shan at [teamshan@gmail.com](mailto:teamshan@gmail.com).

#### Team Shan Breast Cancer Awareness for Young Women (Team Shan)

Team Shan is dedicated to making a difference for young women following in Shan's footsteps.

Team Shan's purpose is to educate the public, health care professionals and young women about early detection, risk reduction and prevention of breast cancer.

Team Shan's goals are to increase early detection for young women diagnosed with breast cancer and help improve outcomes for young women diagnosed with the disease.

[teamshan.ca](http://teamshan.ca)

*Team Shan Breast Cancer Awareness for Young Women  
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519-535-1503*