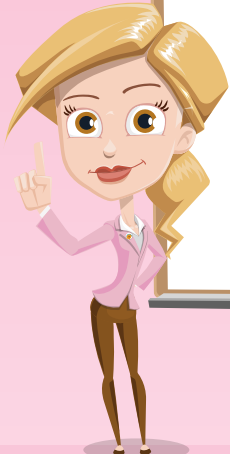


INFLAMMATORY BREAST CANCER (IBC)



KNOW THE FACTS



Inflammatory Breast Cancer

ABOUT 1,300 **YOUNG WOMEN** ARE DIAGNOSED WITH BREAST CANCER EVERY YEAR IN CANADA

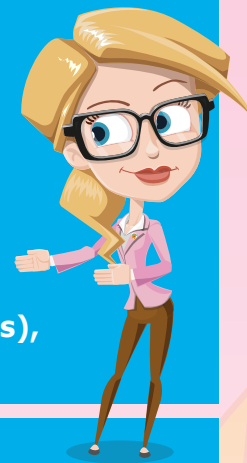
KNOW YOUR RISK **IBF RISK FACTORS**

- being female
- African heritage
- being young
- obesity

Breast Cancer in young women is the leading cause of AYA cancer deaths!

IBC IS MOST COMMON IN YOUNGER WOMEN (15-39 years) WITH BREAST CANCER

- IBC occurs when a growth of cells forms in the breast tissue
- IBF can develop quickly and may spread to other parts of the body
- fast changes may appear in one breast over several weeks
- symptoms include breast enlargement (swelling), pitting or thickening of the skin (orange peel appearance), redness or purple colouring (bruised appearance), breast warmth, burning feeling, pain (tenderness), nipple flattened or retracted (inverted), enlarged lymph nodes



EARLY DETECTION SAVES LIVES!

- earlier diagnosis can occur when young women report unusual breast changes to her health care provider
- when diagnosed early there is usually a better chance of successful treatment



TAKE CARE OF YOURSELF ❤️



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