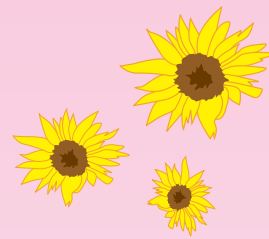


BREAST CANCER...

not just a disease of older women



**KNOW
THE
SYMPTOMS**

Common signs of cancer in young adults are unexplained and persistent

- pain
- lump, bump or swelling
- significant weight loss
- extreme tiredness
- changes in a mole

(Teenage Cancer Trust)

BREAST CANCER SYMPTOMS

- breast lumps (most common)
- breast thickening
- dimpling/puckering of the breast
- breast changes (e.g., size, shape, skin)
- breast swelling, redness, warmth or pain
- nipple changes (e.g., nipple inverts)
- nipple discharge/leaking



- symptoms that may appear from the spread of breast cancer (e.g., bone pain, neurological symptoms)



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